

Appendix 'B'

(Ref Para 6 of HQ BEG & Centre,
letter No 10237/2/ARR/18 /A2(a)
dt 10 May 2023)

PHYSICAL CRITERIA

Region wise physical standards are as under:-

Region	States	Height for Agniveer (GD & Tdn)	Height for Agniveer (Tech)	Height for Adm Assistant /SKT	Weight
Western Himalayan Region	J & K, Himachal Pradesh, Punjab Hills (Area South and West of the Inter States Border between Himachal Pradesh and Punjab and North and East of Road of Mukerian, Hoshiarpur, Garh Shankar, Ropar, Chandigarh), East of Road Madhopur, Pathankot upto the Inter State Boundary incl Dhar & Pathankot block of Pathankot Tehsil, Garhwal and Kumaon.	163	163	162	Proportionate to height & age as per Army Medical Standard as uploaded on JIA Website.
Eastern Himalayan Region	Sikkim, Nagaland, Arunachal Pradesh, Manipur, Tripura, Mizoram, Meghalaya, Assam and Hill Region of West Bengal (Gangtok, Dargeeling and Kalingpong Dist)	160	157	160	
Western Plains Region	Punjab, Haryana, Chandigarh, Delhi, Rajasthan and Western UP (Meerut and Agra Division)	170	170	162	
Eastern Plains Region	Eastern UP, Bihar, West Bengal and Orissa	169	169	162	
Central Region	Madhya Pradesh, Gujarat, Maharashtra, Dadar Nagar Haveli, Daman & Diu	168	167	162	
Southern Region	Andhra Pradesh, Karnataka, Tamilnadu, Kerala, Goa and Pandicherry	166	165	162	
Gorkhas	Indian domiciled and Northern Hill Tribes only	157	157	157	

Note. Min Chest for all categories of Agniveers is 77 Cms. Every candidate must have a min chest expansion of 5 Cms.

(Authority: Page No 39 of Recruitment Directive for Recruitment of JCOs/OR-2014 and Dte Gen of Rtg, Rtg B (A) IHQ of MoD (Army) letter No 62518/Rtg B (A) dt 07 Sep 2017).

Relaxation.

Ser No	Category	Height (Cms)	Chest (Cms)	Weight (Kgs)
(a)	For son of service & ex-servicemen, war widow and widow of ex-servicemen.	2	1	2
(b)	For adopted son/Son-in-law of a war widow, if she has no son. Adoption had done during the lifetime of a Soldier will be valid for the purpose of award of bonus marks / concessions and enrollment through UHQ enrollment.	2	1	2
(c)	Outstanding Sportsmen (National/State & those who represented District/College/School State/ University Championship	2	3	5

Note. An eligible candidate can be granted prescribed relaxations in all three measurements i.e height, chest and weight.

(Authority: Page No 41 of Recruitment Directive for Recruitment of JCOs/OR-2014).